

# All About Me

CELEBRATE THE WONDERFUL, TALENTED, YOU!

WHAT I LOVE ABOUT MYSELF

NICE THINGS PEOPLE HAVE SAID ABOUT ME

WHAT I'M REALLY GOOD AT

PEOPLE WHO INSPIRE ME

WHAT I WANT TO BE REMEMBERED FOR

SKILLS I'D LIKE TO DEVELOP IN 2018

I AM AT MY BEST AT / WHEN I AM

THINGS I LOVE DOING

MY AREA OF GENIUS

THINGS I SHOULD PROBABLY NOT BE DOING

THINGS I NEED TO STOP DOING / GET HELP WITH

THINGS I ENJOY DOING FOR MYSELF (ME TIME)

HOW I'M RAISING MY STANDARDS THIS YEAR

WHO I BELIEVE I AM

THINGS I AM TOLERATING

WHEN DID I DECIDE TO ACCEPT LIMITATIONS I HAVE  
SET MYSELF

WHAT IS THE TRUTH OF WHERE I AM RIGHT NOW

WHAT RITUALS/BEHAVIOURS HAVE PUT ME HERE  
(BE HONEST)

WHAT I TRULY WANT (MY VISION) - BE SPECIFIC

WHAT RITUALS / BEHAVIOUR WILL GET ME THERE